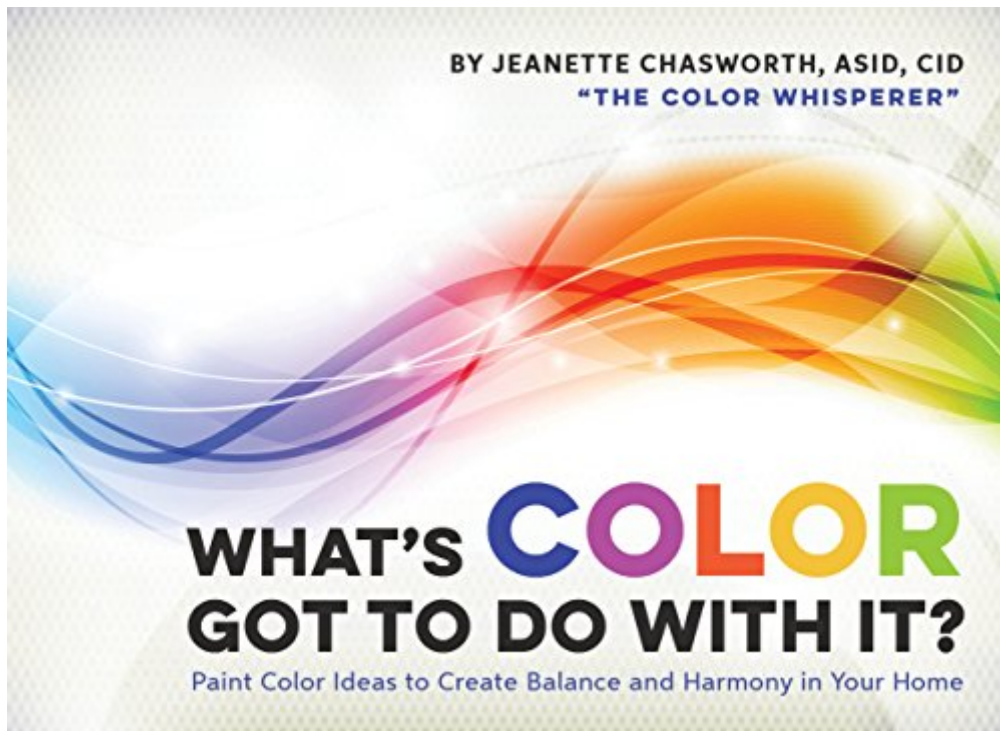


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# What's Color Got To Do With It? Paint Color Ideas That Create Balance And Harmony In Your Home.



## Synopsis

Selecting paint color for your home can be a difficult and sometimes scary chore. This book is a step by step guide to get turn your fear into fun and help you to select a paint color that you will love and you will love to live in. You will learn how to use color to create a mood and how to use that to your advantage to increase your health, make your food taste better, and increase energy. It's your house, paint it a color that matches you! Use What's Color Got To Do With It to take charge of your home, using color to bring out the potential in your home or life! After reading this book you will know how to: \* Select colors like a pro\* Use color to empower you\* Create the right mood for your room\* Use the elements of design reflect your personality\* Decorate to reflect your personality\* Decorate to make a room look bigger\* Create a home that you love to come home to. TURN YOUR FEAR INTO FUN AND FEEL HUGGED BY YOUR HOME! Jeanette is an expert at helping people create homes they love. An interior designer since 1996 she can show you how to transform your house into a home. She deeply understand the power of color and how it can impact all aspects of your life from your energy levels to your mood to your relationships. Your style and tastes take center stage because it's your home so it should look and feel like you or even who you want to be. She helps you uncover the hidden beauty and potential in your home and then transform it into a space that is uniquely you. Best of all, she offers powerful solutions for all budgets. She tells this in a clear and easy to understand way that helps eliminate stress, worry or confusion with starting a home project or interior design! Thus, when you use the information in this book, you'll live in a home you that: Not only looks beautiful, but feels both welcoming, intimate and comfortable. Lifts your spirits whenever you walk through the front door or into a room. Appears more open and spacious and feels more like you. When we are done working together, you'll have a home that is a reflection of you and your family. Above all, you'll feel a hugged by your home.

## Book Information

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## Customer Reviews

In the interest of full disclosure, I was provided with a copy of this book for review purposes. This review originally appeared on my blog. As the title suggests, this book focuses on the importance of color in the world of interior design. The first part of the book is devoted to instruction, as Chasworth shares the various types of color schemes. The next part of the book is devoted to discussing each of the major colors, and how they make people feel. Chasworth provides recommendations for which rooms would benefit from a particular color, and which colors would be detrimental in certain areas of the house. For example, red is not good for rooms that are intended for relaxation, and turquoise can inspire creativity. After discussing color placement, Chasworth provides an exercise that determines the reader's color, and whether s/he is a "spring", "summer", "autumn", or "winter". Once that has been assessed, Chasworth shares recommendations for color scheme. I took the test, and discovered that I am a spring. Chasworth says, "You will gravitate toward colors that are light, bright, and clear" your room should feel light, airy, and uplifting. Chasworth even provides tips for accommodating more than one season in the home. The final part of the book is devoted to advice about the home: tips and tricks, making rooms look bigger, and different types of paint. Chasworth includes "worksheets" that allow the reader to brainstorm each room of the house. What do you want to achieve in regards to the living room, the dining room, etc. Each of those pages includes advice and insight for things that generally work/don't work in each room. I will admit that I was a little nervous when I began reading this book.

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